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Scoil Lios na Groí Lisnagry National School



2nd September, 2021.

Dear Parents/Guardians,

As we reach the end of our first full week back I would like to thank you all for your help and co-operation in keeping the school community safe. We realise the level of 'covid fatigue' amongst the community, but we have to be patient and persist with our safety measures – remembering that none of the children in our care are vaccinated.

To that end, I wish to highlight the **significant change** that is the updated symptoms of the covid 19 **Delta variant.**

In order the prevent the spread of covid19 it is important to know and recognise the symptoms of coronavirus (which includes the Delta variant). They are:-

Common Symptoms of coronavirus include:

- A fever (high temperature 38C or above)
- A new cough this can be any kind of cough, not just dry
- Shortness of breath or breathing difficulties
- Loss or change in your sense of smell or taste this means you have noticed you cannot smell or taste anything, or things smell or taste different to normal
- Fatigue
- Aches and pains

Other Uncommon symptoms of coronavirus include:

- Sore throat
- Headaches
- Runny stuffy noses
- Feeling sick or vomiting

If your child has any symptoms that may indicate covid19, please err on the side of caution and keep your child at home. If your child presents with any of these symptoms at school, we will ask you to collect your child. Consult with your GP and get a test if necessary. Children must be symptom free for 48 hours before returning to school – this is to prevent the spread of all the coughs and colds that will spread otherwise, and result in more and more children having to be withdrawn and tested.

Thanks again to the whole community in your efforts to keep everyone safe.

Kind regards,

MICHAEL FEENEY

Principal